



Raffle Draw! Win Prizes!



Presents our Annual

# Health and Wellness Fair

Thursday, October 31<sup>st</sup> 2019, 10 am - 1 pm

**Location: LMC Diabetes and Endocrinology (Bayview Site)**

**Room 124 & 126, 1929 Bayview Ave #107, East York, Toronto, ON M4G3E8**

**TTC: Stop #1717 right outside the CNIB building, Bus # 11 Bayview**

**Come and learn more about the health resources available in your community!**

**Register at: <https://www.lmc.ca/lmc-blog/lmc-community-health-wellness-fair-2019/>**

## Featured Resources:

- ✓ Local Community Centers
- ✓ Food Banks
- ✓ Blood pressure clinic (provided by Mosari)
- ✓ Nutrition Services
- ✓ Dental Services
- ✓ Exercise Programs



**Free!!**

**Live Jazz Music!**

